

# Stimulus: A Medical Humanities Journal

---

Volume 4 *Stimulus: A Medical Humanities Journal*

Article 17

---

9-12-2024

## Meri mitti meri maa: A celebration of Punjab's land

Amanpreet Chahal

Follow this and additional works at: <https://mavmatrix.uta.edu/stimulus>

---

### Recommended Citation

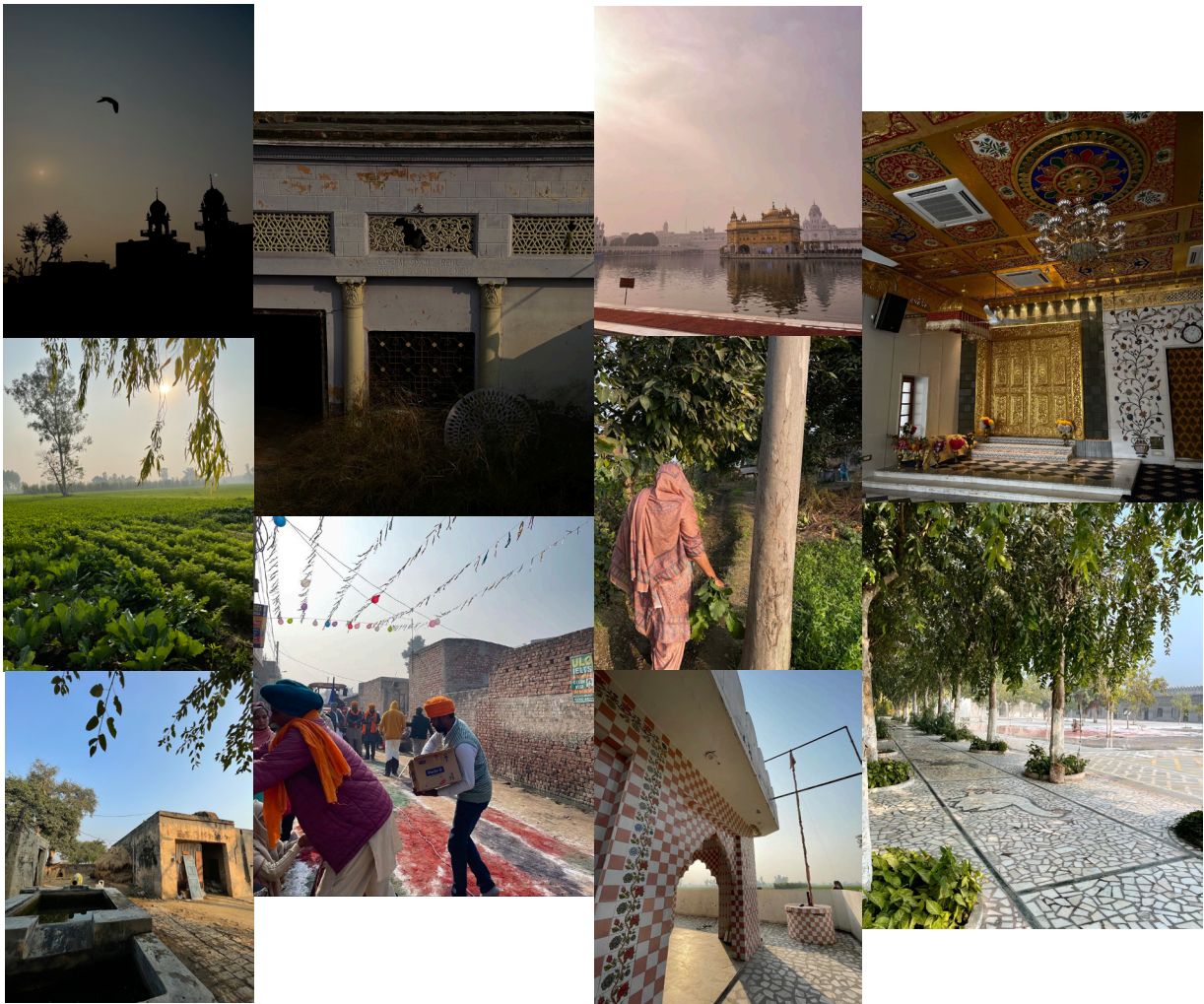
Chahal, Amanpreet (2024) "Meri mitti meri maa: A celebration of Punjab's land," *Stimulus: A Medical Humanities Journal*: Vol. 4, Article 17.

Available at: <https://mavmatrix.uta.edu/stimulus/vol4/iss1/17>

This Article is brought to you for free and open access by the Mavs Open Press Open Access Journals at MavMatrix. It has been accepted for inclusion in *Stimulus: A Medical Humanities Journal* by an authorized editor of MavMatrix.

# Meri mitti meri maa: A celebration of Punjab's land

Amanpreet Chahal



Capturing the vibrant tapestry of culture, this collection of images unveils the essence of a land steeped in rich values and traditions. My Panjab, motherland of the Sikhs. An identity I hold dear to me and moulds my very being. From the evergreen leaves swaying in the breeze to the lively colors of traditional attire, each photograph narrates a tale of resilience, community, and timeless beauty that defines Punjab and its people. Through the lens, the spirit of sikhi shines, the warmth of hospitality radiates, and the hymns of gurbani vibrate. This visual journey paints a mosaic of life in Punjab, celebrating its diversity and embracing the heritage that is the very soul of Punjab. A land the fortunate are able to call home.