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## Lights Shine Through

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# Lights Shine Through

Samantha Chasteen



Light Shines Through is my personal visualization of grief. It is not uncommon for bottled-up emotions, like grief, to unravel at the end of the day, which is one of the reasons I chose to paint a sunset. Grief can be consuming and is depicted by the black mass with shooting spikes placed at the center of the painting. The darkness of grief can obscure the brightness of life that surrounds us. The background is a sunset, representing the love and beauty of life that is constant in the world. The brightness of life can seep through the darkness and instill healing and hope, which is illustrated by the lines and dots of colors in the black mass. I utilized traditional painting and finger painting. I chose finger painting because it can be difficult and confusing to process grief, which may leave one feeling like a scared child. On the other hand, there is an innate innocence in the beauty of life.