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commentary on octopus pots

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i discovered there are worse feelings
than the gradual fractures
that with time,
cause the heart to shatter

because one can find a way
to reassemble it all
and like new,
the original silhouette remains true

but it takes a certain type of pain
to warp the heart ever so slightly
that after a thundering swell,
the ache mimics the alarm of death

perhaps it is the heart mourning
its natural form
for when a person is truly devastated,
it remains as a reminder:
the most immense sadness of a lifetime

